

IN THE MATTER OF the Nova Scotia Criminal Code Review Board

AND IN THE MATTER OF the accused, Shawn Howard Timmons

AND IN THE MATTER OF a hearing held pursuant to s. 672.81(1) (Annual Hearing) of the Criminal Code of Canada.

DISPOSITION ORDER

WHEREAS on the 28th day of October 2016, the accused was found unfit to stand trial on account of mental disorder on a charge of assault, contrary to Section 266; unlawful confinement, contrary to Section 279(2); and overcoming resistance to commission of offence attempts to choke, suffocate or strangle another person, contrary to Section 246(a) of the Criminal Code of Canada;

AND WHEREAS the accused presently resides in the community.

AND WHEREAS a hearing was held at the East Coast Forensic Psychiatric Hospital on the 2<sup>nd</sup> day of February 2026 to make a Disposition Order pursuant to s.672.54 of the Criminal Code of Canada.

AND WHEREAS the East Coast Forensic Hospital is designated for the custody, treatment, or assessment of the accused, in respect of whom an assessment order, disposition or placement decision is made;

**IT IS ORDERED THAT** the accused **continue to** be conditionally discharged, on the following terms:

1. Keep the peace and be of good behaviour;
2. Maintain good mental health;

3. Adhere to the recommendations of the Community Mental Health Team;
4. Comply with follow-up by the Forensic Community Program;
5. Comply with conditions recommended by the Forensic Community Program;
6. Abstain from alcohol, cannabis and/or illicit drugs and comply with random urine drug screening;
7. Reside in the premises approved by the East Coast Forensic Hospital and abide by the rules and regulations of the residence;
8. Notify the Review Board and the East Coast Forensic Hospital of any change of address;
9. Appear before the Board when requested;
10. Remain within the Province of Nova Scotia unless authorization in writing has been received from the Board.
11. Accused must possess a location tracking device when in the community and not access any place in which persons under 16 are likely to be present except when accompanied by an adult approved by a person responsible for the accused.

**AND IT IS FURTHER ORDERED** that if the accused is arrested pursuant to section 672.91 of the Criminal Code for a breach or anticipated breach of the terms of this disposition, they may, under section 672.92(1)(b) of the Criminal Code, be delivered to the East Coast Forensic Hospital, 88 Gloria McCluskey Avenue, Dartmouth, Nova Scotia.

**THIS IS THEREFORE TO COMMAND YOU**, the Director, Mental Health Program, Nova Scotia Health Authority, in His Majesty's name, to execute the terms of this Order. The Board delegates to them the authority to increase or decrease the liberties of the accused pursuant to section 672.56(1).

**The Board also finds that the accused remains unfit to stand trial.**

**DATED** at Halifax, this 23 day of February, 2026



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Raffi Balmanoukian, Chairperson  
NOVA SCOTIA REVIEW BOARD

**TO:** the accused, Shawn Howard Timmons  
**AND TO:** Director, Mental Health Program, Nova Scotia Health Authority  
**AND TO:** Public Prosecution Service  
**AND TO:** Kelly Ryan, counsel for the accused